

Child's Name _____ DOB _____ Age _____ (Mos/Yrs)

Developmental Checklist – 1 to 3 months

	Comments/Observations
Movement _____ Raises head and chest when lying on stomach (3 mos.) _____ Supports upper body with arms when lying on stomach (3 mos.) _____ Stretches legs out when lying on stomach or back (2-3 mos.) _____ Opens and shuts hands (2-3 mos.) _____ Pushes down on legs when feet are placed on firm surface (3 mos.)	
Visual _____ Watches face intently (2-3 mos.) _____ Follows moving objects (2 mos.) _____ Recognizes familiar objects and people at a distance (3 mos.) _____ Starts using hands and eyes in coordination (3 mos.)	
Hearing and Speech _____ Smiles at the sound of voice (2-3 mos.) _____ Coos noises; vocal play begins at 3 months. _____ Attends to sound (1-3 mos.) _____ Startles to loud noises (1-3 mos.)	
Social/Emotional _____ Begins to develop a social smile (1-3 mos.) _____ Enjoys playing with other people and may cry when playing stops (2-3 mos.) _____ Becomes more communicative and expressive with face and body (2-3 mos.) _____ Imitates some movements and facial expressions	
Development Red Flags – 1 to 3 months _____ Doesn't seem to respond to loud noises _____ Doesn't follow moving objects with eyes by 2 to 3 months _____ Doesn't smile at the sound of your voice by 2 months _____ Doesn't grasp and hold objects by 3 months _____ Doesn't smile at people by 3 months _____ Cannot support his head well at 3 months _____ Doesn't reach for and grasp toys by 3 to 4 months _____ Doesn't bring objects to mouth by 4 months _____ Doesn't push down with legs when feet are placed on a firm surface by 4 months _____ Has trouble moving one or both eyes in all directions _____ Crosses eyes most of the time (occasional crossing of the eyes is normal in the first months)	

Developmental Checklist – 4 to 7 months

Movement <input type="checkbox"/> Pushes up on extended arms (5 mos.) <input type="checkbox"/> Pulls to sitting with no head lags (5 mos.) <input type="checkbox"/> Sits with support of his hands (5-6 mos.) <input type="checkbox"/> Sits unsupported for short periods (6-8 mos.) <input type="checkbox"/> Supports his/her whole weight on his/her legs (6-7 mos.) <input type="checkbox"/> Grasps feet (6 mos.) <input type="checkbox"/> Transfers objects from hand to hand (6-7 mos.) <input type="checkbox"/> Uses raking grasp (not pincer) (6 mos.)	Comments/Observations
Visual <input type="checkbox"/> Looks for toy beyond tracking range (5-6 mos.) <input type="checkbox"/> Tracks moving objects with ease (4-7 mos.) <input type="checkbox"/> Grasps objects dangling in front of them (5-6 mos.) <input type="checkbox"/> Looks for fallen toys (5-7 mos.)	
Language <input type="checkbox"/> Distinguishes emotions by tone of voice (4-7 mos.) <input type="checkbox"/> Responds to sound by making sounds (4-6 mos.) <input type="checkbox"/> Uses voice to express joy and displeasure (4-6 mos.) <input type="checkbox"/> Syllable repetition begins (5-7 mos.)	
Cognitive <input type="checkbox"/> Finds partially hidden objects (6-7 mos.) <input type="checkbox"/> Explores with hands and mouth (4-7 mos.) <input type="checkbox"/> Struggles to get objects that are out of reach (5-7 mos.)	
Social/Emotional <input type="checkbox"/> Enjoys social play (4-7 mos.) <input type="checkbox"/> Interested in mirror images (5-7 mos.) <input type="checkbox"/> Responds to other people's expression of emotion (4-7 mos.)	
Development Red Flags – 4 to 7 months <input type="checkbox"/> Seems very stiff, tight muscles <input type="checkbox"/> Seems very floppy, like a rag doll <input type="checkbox"/> Head still flops back when body is pulled to sitting position (by 5 months still exhibits head lag) <input type="checkbox"/> Shows no affection for the person who cares for him/her <input type="checkbox"/> Doesn't seem to enjoy being around people <input type="checkbox"/> One or both eyes consistently turn in and out <input type="checkbox"/> Persistent tearing, eye drainage, or sensitivity to light <input type="checkbox"/> Does not respond to sounds around him <input type="checkbox"/> Has difficulty getting objects to mouth <input type="checkbox"/> Does not turn his head to locate sounds by 4 months <input type="checkbox"/> Doesn't roll over (stomach to back) by 6 months <input type="checkbox"/> Cannot sit with help by 6 months (not by themselves) <input type="checkbox"/> Does not laugh or make squealing sounds by 5 months <input type="checkbox"/> Does not actively reach for objects by 6 months <input type="checkbox"/> Doesn't follow objects with both eyes <input type="checkbox"/> Doesn't bear some weight on legs by 5 months	

Developmental Checklist – 8 to 12 months

	Comments/Observations
Movement <input type="checkbox"/> Gets to sitting position without assistance (8-10 mos.) <input type="checkbox"/> Crawls forward on belly <input type="checkbox"/> Assumes hand and knee position <input type="checkbox"/> Creeps on hands and knees <input type="checkbox"/> Gets from sitting to crawling or prone <input type="checkbox"/> (Lying on stomach) position (10-12 mos.) <input type="checkbox"/> Pulls self up to standing position <input type="checkbox"/> Walks holding on to furniture <input type="checkbox"/> Stands momentarily without support <input type="checkbox"/> May walk two or three steps without support	
Hand and Finger Skills <input type="checkbox"/> Uses pincer grasp (7-10 mos.) <input type="checkbox"/> Bangs two cubes together <input type="checkbox"/> Puts objects into container (10-12 mos.) <input type="checkbox"/> Takes objects out of container (10-12 mos.) <input type="checkbox"/> Pokes with index finger <input type="checkbox"/> Tries to imitate scribbling	
Cognitive <input type="checkbox"/> Explores objects in many different ways (shaking, banging, throwing, dropping) (8-10 mos.) <input type="checkbox"/> Finds hidden objects easily (10-12 mos.) <input type="checkbox"/> Looks at correct picture when image is named <input type="checkbox"/> Imitates gestures (9-12 mos.)	
Language Milestones <input type="checkbox"/> Responds to simple verbal requests <input type="checkbox"/> Responds to “no” <input type="checkbox"/> Makes simple gestures such as shaking head for “no” (8-12 mos.) <input type="checkbox"/> Babbles (8-10 mos.) <input type="checkbox"/> Babbles “dada” and “mama” (8-10 mos.) <input type="checkbox"/> Says “dada” and “mama” for specific person (11-12 mos.) <input type="checkbox"/> Uses exclamations such as “oh-oh”	
Social/Emotional <input type="checkbox"/> Shy or anxious with strangers (8-12 mos.) <input type="checkbox"/> Cries when mother or father leaves (8-12 mos.) <input type="checkbox"/> Enjoys imitating people in play (10-12 mos.) <input type="checkbox"/> Shows specific preferences for certain people and toys (8-12 mos.) <input type="checkbox"/> Prefers mother and/or regular care provider over all others (8-12 mos.) <input type="checkbox"/> Repeats sounds or gestures for attention (10-12 mos.) <input type="checkbox"/> Finger-feeds themselves (8-12 mos.) <input type="checkbox"/> Extends arm or leg to help when being dressed	
Development Red Flags – 8 to 12 months <input type="checkbox"/> Does not crawl <input type="checkbox"/> Drags one side of body while crawling (for over one month) <input type="checkbox"/> Cannot stand when supported <input type="checkbox"/> Does not search for objects that are hidden (10-12 mos.) <input type="checkbox"/> Says no single word (“dada” or “mama”) <input type="checkbox"/> Does not learn to use gestures such as waving or shaking head <input type="checkbox"/> Does not sit steadily by 10 months <input type="checkbox"/> Does not show interest in “peek-a-boo or patty cake” by 8 months <input type="checkbox"/> Does not babble by 8 months <input type="checkbox"/> Does not babble by 8 months (“da da”, “ba ba”, “ma ma”)	

Developmental Checklist – 12 to 24 months

Movement <input type="checkbox"/> Walks alone (12-16 mos.) <input type="checkbox"/> Pulls toys behind him while walking (13-16 mos.) <input type="checkbox"/> Carries large toys or several toys while walking (12-15 mos.) <input type="checkbox"/> Begins to run stiffly (16-18 mos.) <input type="checkbox"/> Walks into ball (18-24 mos.) <input type="checkbox"/> Climbs onto and down from furniture unsupported (16-24 mos.) <input type="checkbox"/> Walks up and down stairs holding on to support (18-24 mos.)	Comments/Observations
Hand and Finger Skills <input type="checkbox"/> Scribbles spontaneously (14-16 mos.) <input type="checkbox"/> Turns over container to pour out contents (12-18 mos.) <input type="checkbox"/> Building tower of four blocks or more (20-24 mos.)	
Language <input type="checkbox"/> Points to objects or picture when it's named for them (18-24 mos.) <input type="checkbox"/> Recognizes names of familiar people, objects, and body parts (18-24 mos.) <input type="checkbox"/> Says several single words (15-18 mos.) <input type="checkbox"/> Uses two word sentences (18-24 mos.) <input type="checkbox"/> Follows simple one step instructions (14-18 mos.) <input type="checkbox"/> Repeats words overheard in conversations (16-18 mos.)	
Cognitive <input type="checkbox"/> Finds objects even when hidden under two or three covers <input type="checkbox"/> Begins to sort shapes and colors (20-24 mos.) <input type="checkbox"/> Begins make-believe play (20-24 mos.)	
Social <input type="checkbox"/> Imitates behavior of others, especially adults and older children (18-24 mos.) <input type="checkbox"/> Increasingly enthusiastic about company or other children (20-24 mos.) <input type="checkbox"/> Demonstrates increasing independence (18-24 mos.) <input type="checkbox"/> Begins to show defiant behavior (18-24 mos.) <input type="checkbox"/> Episodes of separation anxiety increase toward midyear, then fade	
Development Red Flags – 12 to 24 months <input type="checkbox"/> Cannot walk by 18 months <input type="checkbox"/> Fails to develop a mature heel-toe walking pattern after several months of walking, or walks exclusively on his toes <input type="checkbox"/> Does not speak at least fifteen words by 18 months <input type="checkbox"/> Does not use two word sentences by age 2 <input type="checkbox"/> By 15 months does not seem to know the function of common household objects (brush, telephone, bell, fork, spoon) <input type="checkbox"/> Does not imitate actions or words by 24 months <input type="checkbox"/> Does not follow simple one-step instructions by 24 months	

Developmental Checklist – 24 to 36 months

	Comments/Observations
Movement <input type="checkbox"/> Climbs well (24-30 mos.) <input type="checkbox"/> Walks down stairs alone, placing both feet on each step (26-28 mos.) <input type="checkbox"/> Walks up stairs alternating feet with support (24-30 mos.) <input type="checkbox"/> Swings leg to kick ball (24-30 mos.) <input type="checkbox"/> Runs easily (24-26 mos.) <input type="checkbox"/> Pedals tricycle (30-36 mos.) <input type="checkbox"/> Bends over easily without falling (24-30 mos.)	
Hand and Finger Skills <input type="checkbox"/> Makes vertical, horizontal, circular strokes with pencil or crayon (30-36 mos.) <input type="checkbox"/> Turns book pages one at a time (24-30 mos.) <input type="checkbox"/> Builds a tower of more than six blocks (24-30 mos.) <input type="checkbox"/> Holds a pencil in writing position (30-36 mos.) <input type="checkbox"/> Screws and unscrews jar lids, nuts, and bolts (24-30 mos.) <input type="checkbox"/> Turns rotating handles (24-30 mos.)	
Language <input type="checkbox"/> Recognizes and identifies almost all common objects and pictures (26-32 mos.) <input type="checkbox"/> Understands most sentences (24-40 mos.) <input type="checkbox"/> Understands physical relationship (on, in, under) (30-36 mos.) <input type="checkbox"/> Can say name, age, and sex (30-36 mos.) <input type="checkbox"/> Uses pronouns (I, you, me, we, they) (24-30 mos.) <input type="checkbox"/> Strangers can understand most of his/her words (30-36 mos.)	
Cognitive <input type="checkbox"/> Makes mechanical toys work (30-36 mos.) <input type="checkbox"/> Matches an object in his hands or room to a picture in a book (24-30 mos.) <input type="checkbox"/> Plays make-believe with dolls, animals, and people (24-36 mos.) <input type="checkbox"/> Sorts objects by color (30-36 mos.) <input type="checkbox"/> Completes puzzles with three or four pieces (24-36 mos.) <input type="checkbox"/> Understands concept of “two” (26-32 mos.)	
Social/Emotional <input type="checkbox"/> By 3, separates easily from parents <input type="checkbox"/> Expresses a wide range of emotions (24-36 mos.) <input type="checkbox"/> Objects to major changes in routine (24-36 mos.)	
Development Red Flags – 24 to 36 months <input type="checkbox"/> Frequent falling and difficulty with stairs <input type="checkbox"/> Persistent drooling or very unclear speech <input type="checkbox"/> Inability to build a tower of more than four blocks <input type="checkbox"/> Difficulty manipulating small objects <input type="checkbox"/> Inability to copy a circle by 3 <input type="checkbox"/> Inability to communicate in short phrases <input type="checkbox"/> No involvement in pretend play <input type="checkbox"/> Failure to understand simple instructions <input type="checkbox"/> Little interest in other children <input type="checkbox"/> Extreme difficulty separating from primary caregiver	